



## Avalanche Skills Training Course Information Package

Welcome to the Hyland Backcountry Avalanche Skills Training (AST) program for Winter 2022. AST training is your first step to safely enjoying the backcountry.

Courses usually fill fast, so register early to avoid disappointment. Please read this information package carefully, as you will be bound to the terms within. Please contact us if you need more information.

*Please be patient, thoughtful, and considerate of other students & instructors as we continue to navigate through the Covid 19 pandemic, and do what we can to morally, ethically and legally operate in our community. If your views do not align with this statement, I kindly ask that you do not register, and I will refer you to another provider.*

**Cost:** \$275.00 + GST (\$13.75) = **\$288.75**

### Payment

We prefer Interact E-Transfer to [info@hylandbackcountry.ca](mailto:info@hylandbackcountry.ca). Your spot is reserved when we receive your payment, and we will send you the Zoom meeting invite.

### Location

Classroom: Virtual using the Zoom platform.  
Fieldtrip : Smithers area backcountry TBD

### Schedule

Evenings: 1800-2100 Zoom  
Saturdays: 0800 - 1600 Fieldtrip

### Virtual Classroom

We will be using the Zoom online platform. If this is unfamiliar to you, please check out their website <https://zoom.us>

Once your payment has been received, we will send out a Zoom Meeting Invite

- Follow the information in the invite – do this well ahead of time to see the system
- Go online 10 minutes before class
- More info will be sent prior to course

Hyland Backcountry Services Ltd.  
PO Box 3257  
Smithers, BC  
V0J 2N0  
250-643-0505





## 1. Booking Conditions

### Covid -19

As per HBS Covid -19 Safety Plan, all students will be required to:

- Sign a completed declaration of health at the start of a program
- Provide proof of Vaccination upon course registration

### Waivers

Mountain travel is not without acceptance of certain risks and hazards. All program participants will be required to read and sign a waiver in advance of payment as part of the registration. Waivers will also need to be completed at the start of the field day. These are requirements of our insurer and are standard throughout the industry.

### Mountain Weather

The mountain weather, snow conditions, and avalanche hazard are beyond our control. If conditions do not allow the original program, we will make every effort to find a safe, suitable alternative. As such, we reserve the right to cancel all or a portion of a program, without penalty to HBS. We cannot be responsible for clients' expenses as a result of this. **Trip cancellation insurance is strongly recommended.** See [www.lifestylesfinancial.ca](http://www.lifestylesfinancial.ca)

### Backcountry Emergency Evacuation

Program participants will be required to pay for any costs associated with medical evacuations from the field, in the unlikely event of injury or illness. **Specialty adventure travel insurance is strongly recommended.** See [www.lifestylesfinancial.ca](http://www.lifestylesfinancial.ca)

### Personal Wellbeing

The participation of any person on any program is continually subject to the discretion of the guides and HBS. If a person is asked to leave a program for any reason, there will be no refund.

### Equipment

All program participants will need to provide the required gear. If you do not have the required gear, please rent or borrow gear for the program. Local Supply Co in Smithers can assist you.

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## 2. Cancellation and Refund Policies

***We highly suggest clients obtain trip cancellation insurance.***

- ***Cancellations are only effective once we receive notification by email, except for Covid 19 circumstances.***

### **Client Cancels: 30 days or more from course date**

If a client cancels in advance of the program start date, by 30 days or greater, HBS will fully refund the course fees, **minus a \$100.00 + tax processing fee.**

### **Client Cancels: Less than 30 days from course date**

If a client cancels less than 30 days in advance of the program start date, or is a no show, they will not be refunded.

### **Covid 19:**

If a client becomes sick, or suspects they have Covid 19 – STAY HOME. Students will be placed on the next available course when they are healthy as defined by the BCCDC. If this is not possible, we will refund them the portion of the course/trip they did not attend

### **HBS Cancels**

If we cancel a program for reasons beyond what are discussed in this document, we will refund the client the full amount of the program.

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### 3. Registration

Complete and return the following **now**, to secure your course spot:

1. **AST Course Registration Form**
2. **Medical Form**
3. **Waiver Form**
4. **Proof of Vaccination**
5. **E-transfer Course Fees**

Immediately prior to the course **Field Day**:

1. Please print the **Covid 19 Declaration of Health Form**, and bring to the field day

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**AST Course Registration Form:**

<b>Course &amp; Dates:</b>	
<b>Name:</b>	
<b>Age:</b>	
<b>Address:</b>	
<b>Phone:</b>	
<b>Emergency Contact:</b>	
<b>Mode of travel: (Ski, Snowboard, Snowshoes)</b>	
<b>Previous Training Completed</b>	

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**Medical Information Form**

(This form is confidential to instructors to assist your health during a trip)

<b>Medications:</b>	
<b>Medical Conditions:</b>	
<b>Allergies:</b>	
<b>Level of Fitness: Excellent/Moderate/Poor</b>	
<b>Any other conditions we should know of:</b>	

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**COVID 19 Pre-Trip/Course Declaration of Health and Exposure Form**

Hyland Backcountry Services Ltd takes the safety of their guests and employees, and the prevention of the spread of the COVID-19 pandemic very seriously. As such, you are required to make four attestations below. The inability to make one or more of these attestations may disqualify you from participation.

***I, the undersigned, attest to the following: (please initial beside each applicable attestation)***

\_\_\_\_\_ *To the best of my knowledge, I do not have COVID-19 or any variant of COVID-19, nor have I had it within the past 14 days*

\_\_\_\_\_ *To the best of my knowledge, I have not been exposed to someone who has COVID-19 or any variant of the novel coronavirus COVID-19 within the past 14 days*

\_\_\_\_\_ *Within the past 14 days, I have not experienced any of the following that are new and not related to allergies or pre-existing conditions: persistent cough, fever higher than 38 degrees Celsius, shortness of breath, sore throat, flu-like symptoms, runny nose*

\_\_\_\_\_ *I have not travelled outside Canada during the past 14 days*

By signing below, I confirm my understanding that I may be refused participation in, or be asked to leave, this trip/course, with no option for refund of payment, if any of the above attestations are found to be incorrect or If the status of those attestations changes between the time of signing of this form and any time before the end of the trip/course.

\_\_\_\_\_  
**Name of Client (Print)**

\_\_\_\_\_  
**Signature of Client**

\_\_\_\_\_  
**Date**

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## **Recommended Equipment Check List**

### **Clothing**

- Wool and or synthetic socks
- Base Layer top-synthetic, wool or silk
- Base Layer bottoms-synthetic, wool or silk
- Mid-insulation layer top- Pile, synthetic or wool
- Mid-insulation layer bottom- Pile or multi-purpose
- Light wind shell- Windproof, water-resistant, breathable
- Weather layer top-Goretex or other waterproof
- Weather layer pant- Goretex or other waterproof
- Warm outer jacket - Down or synthetic
- Toque - Wool or synthetic
- Light gloves - Wool, synthetic or leather
- Insulated gloves - Wool or synthetic, waterproof outer

### **Travel Equipment ( Course Specific AST Ski or AST Sled)**

- Skis, Skins, Snowshoes, Splitboard ,Repair kit ( any specific parts to your gear)
  
- Snowmobile, Fuel, Helmet, Tow Kit, Repair Kit, Spare Belt

### **Snow Safety Equipment**

- Avalanche Transceiver (Digital Only), shovel, probe

### **Group Equipment ( HBS Provided)**

- Altimeter, map, compass, GPS
- First Aid kit, emergency bivi sac, emergency toboggan
- Group repair kit, may substitute for personal repair kit
- Communications device - VHF Radio, InReach,

### **Personal Equipment**

- Pack - light, comfortable, 30-40 liters
- Sunglasses, goggles, sunscreen, lip cream
- Headlamp, water bottle, thermos
- Lunch - extra food
- Blister kit, pocket knife, personal 1st aid stuff

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